

V-SET A place to learn how to live

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# V-SET

A place to learn how to  
live

Thoughts by  
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## INCEPTION

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VSET is a place everyone should visit when one needs a break from the disarray of daily life and learn how to live, simple life, but a happy one. We found out about VSET–Vishwa Seva Educational Trust which situates in Kalpetta, Kerala, from our teacher Uma miss. We were in an discussion that where should we do our camp for D El Ed. We students were advocating for a place which had so many adventurous elements. It was rejected because it was too costly. In that time Uma miss proposed that we should go to VSET. She told us that the place has a different vibe and you all should at least consider it as a choice. We were not interested in VESET because we were still craving for some adventure. The problem of our generation is that we are so addicted to excitement that we have lost the true meaning of happiness and how it feels. It took a trip to VSET for me to understand this truth.





**“Many refined  
people will  
not kill a fly,  
but eat an  
ox.”  
— Isaac Leib  
Peretz**

### **No Non-Veg**

After some time we contacted them. VSET's fees for a person to camp there was only 250 rupees. They included food and other facilities in it. But there was a problem. Non-vegs were not allowed in there. Most of us were foodies and we couldn't live without non-veg foods. We tried to find another spot for camp but we couldn't find a new location by the given time. So we decided to go there.

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## Midsommar

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It came time for us to go to VSET and do our camp. In this time I saw a movie called 'Midsommar'. The movie was about a couple who travels to Sweden to participate in Midsommar festival. They were come with their friend who was part of this people. They had strange rituals. As time passes by the festival becomes more violent and bizzare. The film was even hard to watch. I told my friends that I think we are going to a place like that. I told them this because to me VSET's no non-veg policy was an bizzare practice I didn't understand why they made these bizzare rules that had no meanings. I was also angry against them for not having non-veg.

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**"The oldest and strongest emotion of mankind is fear, and the oldest and strongest kind of fear is fear of the unknown."**





**“To travel is to live”  
– Hans Christian  
Andersen**

We started our trip to V-SET from GITE Malappuram Our college which situates in Kottappadi. Most of us teaching students came their to get the bus. Others got into bus in the stops that was mos accessible to ourselves. Me and some got into the bus from Manjeri.



**"Collect  
moments,  
not  
things" –  
Aarti  
Khurana**

We enjoyed our time in bus by singing, dancing, talking, taking selfies, etc.

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**"Alone we  
can do so  
little;  
together  
we can do  
so much."  
– Helen  
Keller**

## **DALAM**

We were trying to find a good name for our camp. In that time our teacher Rajesh sir suggested the name 'Dalam' which means sprouting leaves in English language.



We finally arrived at the designated location as directed by the organizers of VSET. As promised, they had arranged a van to transport our luggage. However, to our dismay, some of our bags were too large to fit inside the van. One of my friends faced this predicament as her bag proved to be bulkier than expected. It also weighed more than she could comfortably carry on her own.

Sensing Krishna's distress, I stepped forward, determined to help. Placing my hand on her shoulder, I told her, "Hey, don't worry about it. I'll take your bag for you. It looks like it's too heavy for you to handle on your own."

Krishna looked at me with a mix of gratitude and concern. "Are you sure? It's really heavy, and I don't want to trouble you."

I smiled, trying to ease her worries. "Of course, I'm sure. We're a team, right? We look out for each other. Besides, I have some extra space in my own bag, so it won't be a problem."

Relieved, Krishna handed me her oversized bag, a weight visibly lifted from her shoulders. "Thank you so much. I don't know what I would have done without your help."

I waved off her gratitude, my determination unwavering. "Don't mention it. We all are here together. Everyone needs help some times."

As we embarked on the road ahead, we felt a renewed sense of unity and excitement. Little did we know that this act of kindness would set the stage for a truly unforgettable VSET experience, where friendship and support would be our guiding forces.

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## The Helping Hand or Ride

09

The road seemed endless, the weight of my bag grew heavier. Regret started creeping in, as I pondered whether it was a wise decision to have taken the bag from my friend to help her. Just then, I noticed a bike approaching, heading towards the VSET campus. An idea sparked in my mind—I desperately longed for a ride. In haste, I slowed down my pace, hoping to position myself as the first person the bike would encounter. By some stroke of luck, the bike eventually came to a halt, and I seized the opportunity. He asked me whether I need a lift and without any hesitation, I gladly accepted his kind offer of a lift. I passed my friends who were walking. I waved at them.

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## Faculty

The main faculty of VSET included Vijith sir, Sujith sir, Sujith Lal sir and Mukesh sir. They were the backbone of VSET. They organized anything and everything that we needed. They played cricket and carroms with us. They are very friendly. Vijith sir was the one who gave me the lift.



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## The Classes and Interactions

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The classes were great. But the speciality of VSET is the VSET family members interaction with us. They participated in everything we did. We all had personal interaction and talks with each VSET faculty members. They talked with all of us like a family members. They never judged us and give us support to become better.

I find it challenging to focus on a single task or topic for more than ten minutes. Despite my teachers' constant reminders to pay attention during their classes, I struggle to maintain my concentration.

What made VSET truly exceptional was the unparalleled level of interaction and engagement we experienced with our faculty members. They went above and beyond by actively participating in every aspect of our learning journey. Each VSET faculty member took the time to personally connect with us, engaging in meaningful conversations and treating us like valued members of their own family. Their approach was devoid of judgment, and instead, they provided unwavering support to help us grow and improve. It was this unique bond and nurturing environment that made our experience at VSET truly extraordinary.



**"Friends are just  
family chosen by  
you."**

03



## **Sleepless Night**

One fateful night, Sujith sir found himself unable to sleep due to a series of unexpected problems that arose. The water system had suddenly ceased to function, leaving the entire premises without a drop of running water. To compound the situation, a power outage had plunged the area into darkness, leaving everyone without electricity.

**"Friendship is the hardest thing in the world to explain. It's not something you learn in school. But if you haven't learned the meaning of friendship, you really haven't learned anything."  
— Muhammad Ali**

Determined to restore normalcy, Sujith sir took it upon himself to resolve these challenges even in the late hours of the night. With unwavering dedication, he delved into the issues at hand, meticulously troubleshooting each problem one by one. Despite the late hour and the inconvenience it caused, Sujith sir remained resolute in his mission to rectify the situation.

Through his resourcefulness and expertise, he managed to revive the water system, ensuring a steady flow of water once again. Undeterred by the darkness, Sujith sir skillfully navigated the electrical circuits, resolving the issues that had caused the power outage. Gradually, lights flickered back to life, casting a comforting glow throughout the premises.

His dedication and commitment to ensuring the comfort and well-being of the VSET community were evident in his tireless efforts.

Sujith sir's selflessness and determination exemplified his unwavering commitment to the welfare of those around him. His actions served as an inspiration, leaving a lasting impression on the VSET community. Even in the darkest hours, Sujith sir proved to be a beacon of light, bringing solutions and restoring peace.

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## Sharing The Light

In a heartwarming gesture, we were invited to partake in a unique activity that fostered both connection and empathy. Each of us was handed a candle, symbolizing not only the physical light it emitted but also the emotional light within us. The instructions were simple yet profound: to light each other's candles and, in doing so, share our innermost emotions.

As the gentle flames danced, we embarked on a touching journey of connection. With each candle passed from one person to another, a sense of unity and understanding enveloped the room. As the warm glow illuminated our faces, barriers melted away, and we found solace in the shared experience.

In that moment, our individual stories, fears, and joys intertwined, creating a tapestry of human emotions. There was something incredibly powerful about witnessing the flickering candlelight reflect in the eyes of others, mirroring the depth of our collective vulnerabilities.

Through this heartfelt exchange, we discovered the immense strength that lies in vulnerability and the power of empathy. We embraced the opportunity to truly see and be seen, allowing compassion to flow freely among us. It was an experience that left an indelible mark on our hearts, reminding us of the profound impact we can have on one another when we choose to share our light, both figuratively and literally.





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Could the brightness of this humble candles match the radiance exuded by these smiles?











**The  
End**